

# Davidson County Adult Care Homes

Adult care homes, also known as “assisted living facilities”, provide care for persons age 18 and older who do not need nursing home care but are no longer able to remain in their own homes because they need help in meeting daily needs such as meal preparation and housekeeping. Adult care homes are for people who only need occasional and incidental medical services. Room and board, personal assistance, supervision of medications, and social activities are provided. The private cost rates vary from facility to facility and supplemental assistance may be available to cover the cost for those with limited incomes. Information on assistance may be obtained through the local Department of Social Services. “Assisted living” is a term used to refer to Adult Care Homes (7 or more residents) and Family Care Homes (2-6 residents). For more information regarding placement in any of these homes, contact your local Department of Social Services Adult Services section.

<p><b>Brookstone Retirement Center, LLC</b>            2968 Old Salisbury Road            Lexington, NC 27295            Phone: (336) 243-2500            Fax: (336) 243-2910            Total Number of beds: 115</p>	<p>Dementia Unit? Yes            State/County Special Assistance            Respite            Hospice            Smoking Outside Only</p>
<p><b>Carolina House of Lexington</b>            161 Young Drive            Lexington, NC 27292            Phone: (336) 238-1700            Fax: (336) 224-1448            Total Number of beds: 76  <a href="http://www.brookdaleliving.com">www.brookdaleliving.com</a></p>	<p>Dementia Unit? Yes            Respite            Hospice            Personal Pets Allowed            Smoking Outside Only</p>
<p><b>Hilltop Living Center</b>            592 Hilltop Drive            Linwood, NC 27299            Phone: (336) 853-8113            Fax: (336) 853-8105            Total Number of beds: 96</p>	<p>Dementia Unit? No            State/County Special Assistance            Respite            Hospice            Personal Pets Allowed            Smoking Outside Only</p>
<p><b>Landmark Estates</b>            255 Thomas School Road            Winston Salem, NC 27107            Phone: (336) 764-1056            Fax: (336) 775-9992            Total Number of beds: 29</p>	<p>Dementia Unit? No            State/County Special Assistance            Smoking Outside Only</p>

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## **Mallard Ridge Assisted Living**

9420 N. NC Hwy 150  
Clemmons, NC 27012  
Phone: (336) 775-2205  
Fax: (336) 775-2207  
Total Number of beds: 100  
[www.ridgecare.com](http://www.ridgecare.com)

Dementia Unit? Yes  
State/County Special Assistance  
Personal Pets Allowed  
Smoking Outside Only

## **Spring Arbor of Thomasville**

915 W. Cooksey Drive  
Thomasville, NC 27360  
Phone: (336) 472-7171  
Fax: (336) 472-8270  
Total Number of beds: 52  
[www.springarborliving.com](http://www.springarborliving.com)

Dementia Unit? No  
State/County Special Assistance  
Respite  
Smoking Outside Only

Information about Long-Term Care Facilities in Region G is provided courtesy of  
Piedmont Triad Regional Council Area Agency on Aging  
Regional Long-Term Care Ombudsman Program

Long-Term Care Ombudsmen are advocates for residents of nursing homes, assisted living facilities, and family care homes. They work to resolve problems of individual residents and to bring about changes at the local, state, and national levels to improve care. Regional Ombudsmen, with the assistance of trained volunteers, regularly visit long-term care facilities, monitor conditions and care, and provide a voice for those unable to speak for themselves.

To contact your local Ombudsman, call (336) 294-4950.

Piedmont Triad Regional Council Area Agency on Aging  
Regional Long Term Care Ombudsman Program  
2216 W. Meadowview Road, Suite 201  
Greensboro, NC 27407  
(336) 294-4950  
<http://www.ptrc.org>