

# FAMILY CARE HOMES

Family care homes provide care for persons age 18 and older who do not need nursing home care but are no longer able to remain in their own homes because they need help in meeting daily needs such as meal preparation and housekeeping. Adult care homes are for people who only need occasional and incidental medical services. Room and board, personal assistance, supervision of medications, and social activities are provided. The private cost rates vary from facility to facility and supplemental assistance may be available to cover the cost for those with limited incomes. Information on assistance may be obtained through the local Department of Social Services.

Assisted living is a term used to refer to Adult Care Homes (7 or more residents) and Family Care Homes (2-6 residents). For more information regarding placement in any of these homes, contact your local Department of Social Services Adult Services section.

## DAVIDSON COUNTY

<b>Kateland Family Care Home</b> 294 Old Highway 109 Lexington, NC 27292 Phone: (336) 472-2745 Fax: (336) 472-2745 Total number of beds: 6	<b>Westanna Family Care Home</b> 716 West Fifth Avenue Lexington, NC 27292 Phone: (336) 248-6489 Fax: (336) 248-6489 Total number of beds: 6
	7/08

**Information about Long Term Care Facilities in Region G  
is provided courtesy of  
Piedmont Triad Council of Governments Area Agency on Aging  
Regional Long Term Care Ombudsman Program**

Long Term Care Ombudsmen are advocates for residents of nursing homes, assisted living facilities, and family care homes. They work to resolve problems of individual residents and to bring about changes at the local, state, and national levels to improve care. Regional Ombudsmen with the assistance of trained volunteer ombudsmen regularly visit long term care facilities, monitor conditions and care, and provide a voice for those unable to speak for themselves.

**To Contact your local Ombudsman Call (336) 294-4950**

Piedmont Triad Council of Governments  
 Area Agency on Aging  
 Regional Long Term Care Ombudsman Program  
 2216 W. Meadowview Road, Suite 201  
 Greensboro, NC 27407  
 (336) 294-4950  
<http://www.ptcog.org/aaa>